

# Sporting Spirit



What do we mean by  
‘sporting spirit’ or  
‘being a good sport’?





# Spirit of the Games Values



These 6 values identify what school sport and competition should be about.



**TEAM**  
**TOGETHER**  
**EVERYONE**  
**ACHIEVES**  
**MORE**

What does teamwork mean to you?



"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime."  
-- Babe Ruth

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How might you demonstrate honesty when playing sport?



Why is honesty important?



*“Champions keep playing  
until they get it right.”*

*Billie Jean King*

**“WINNING IS  
NOT EVERYTHING  
BUT MAKING  
THE EFFORT  
TO WIN IS.”**  
VINCE LOMBARDI



**SCHOOL  
GAMES**



Preparation and self belief are very important in sport in order to ensure that I can give my all and perform to the best of my abilities. The more I have practiced, the more confident I have become and I now have the self belief every time I compete or am faced with learning a new skill.









How might you demonstrate respect in school sports competitions?

# SPIRIT OF THE GAMES AWARD



Congratulations to .....

for demonstrating the Spirit of .....

at the Sainsbury's School Games .....

in .....

on .....

On behalf of the  
Sainsbury's School Games Local Organising Committee  
in Cambridgeshire & Peterborough

  
Jonathan D'  
Chair



**HONESTY**  
Be honest with others  
and with yourself



**RESPECT**  
Treating others politely  
and with understanding



**PASSION**  
Giving it 100%



**DETERMINATION**  
Keep going  
no matter what



**TEAMWORK**  
Treating everyone  
equally



**SELF BELIEF**  
You've got to believe  
to achieve