

Making a difference through Sport

Physical Education! A conference to

explore PE's impact on every child's

health and well being.



This conference will help all those involved in Physical Education to ensure their provision is world class. For primary Headteachers, Deputy Headteachers and PE Subject Leaders

The Marriott Hotel, Huntingdon, PE29 6FL See overleaf for more information.

9th July 2015 9.00am – 4pm

The benefits of attending

- ✦ Vision for the child of 2035 - Baroness Sue Campbell, Youth Sport Trust
- ✦ Links between PE, health, well being and attainment - Claire Robson Public Health England
- ✦ Attend workshops exploring Physical Education's links to health & wellbeing
- ✦ A range of ideas for Physical Education delivery to ensure high quality National Curriculum PE

Delegates will hear from Baroness Sue Campbell from the Youth Sport Trust, a Crossbench Peer, government adviser and a tireless campaigner for PE and School Sport, and from Claire Robson, Public Health Delivery Manager, Public Health England who will outline the links and evidence around health, wellbeing and attainment. Delegates will then attend a range of workshops on topics such as outdoor education and character development, physical activity and health initiatives, Sport Premium developments, gymnastics FAQs, applying for AfPE Quality Mark and more.

Event programme:

8.30 Registration, Tea and Coffee

9.00 Welcome

Carol Gronow PE Adviser

Keith Grimwade Director of Learning

9.15 Baroness Sue Campbell

A Crossbench Peer, government adviser, Chair Youth Sport Trust and a tireless campaigner for PE and School Sport will share her vision for the child of 2035.

10.00. Claire Robson

Claire Robson, Public Health Delivery Manager, Public Health England will outline the links and evidence around health, wellbeing and attainment.

10.45 Networking, Tea and Coffee

11.15 Workshops

12.30 Lunch

1.30 Workshops

2.45 Workshops

4.00 Close

Event Booking 9th July 2015

9.00am – 4pm

Please visit

www.cambridgeshire.gov.uk/learntogether/

then click on 'book and pay for courses', then 'PE and Sport' to book your place. You will then be emailed a workshop form with further details to make your choices.

For further information please contact

justine.spencer@cambridgeshire.gov.uk

01480 376257, PE & PSHE admin.

N.B. workshops will run according to demand.

Cost:

First Delegate: £95 per person

Second Delegate: £75 per person

Morning Only Delegate: £50 (no lunch)

Workshop 1 - Head to Head.

Hear from Headteachers about their whole school PE provision, plans and their health and wellbeing impact.

Workshop 2 - Health matters.

'Busy Feet' Explorers toolkits is designed to encourage healthy active lifestyles in the Early Years and KS1. This programme supports all prime and specific areas of learning across EYFS through its unique range of stimulating activity ideas and resources. Part practical.

Workshop 3 - Is your Primary PE and Sport premium making a difference to activity levels and healthy outcomes? Explore best practice use of the sport premium funding especially on health outcomes.

Workshop 4 - Healthy Lifestyles. Focus on a whole school approach to healthy lifestyles, including reviewing and developing your school's policies and practice. Explore PSHE curriculum resources and activities to support teaching and learning about healthy lifestyles.

Workshop 5 - Curriculum Gymnastics FAQs. Gain confidence from answers to questions including: How can I structure lessons to maximize learning time? What age does a pupil have to be to learn a forward roll? When using apparatus, where should mats be placed? How many pupils are allowed on each piece of apparatus at once?

Workshop 6 - An introduction to the Cambridgeshire Scheme of work for PE. What does it do and how does it work? Hear the especially composed dance music and explore the units of work.

Workshop 7- Exploring the world of outdoor learning.

A part practical session to develop your outdoor provision to support teamwork, co-operation, respect, resilience and communication.

Workshop 8 - Delve into Dance. Explore the new CCC Scheme of Work Year 6 anti-bullying dance unit. Part practical.

Workshop 9 - Balanceability 'learn to cycle' programme. Explore the programme and balance bikes (bikes without pedals) for pupils aged 3-6 yrs to develop all aspects of static and dynamic balance.

Workshop 10 - AfPE Quality Mark. A workshop to lead you through the process of applying for this prestigious DfE endorsed mark of quality.

Workshop 11 – What to look for when observing PE lessons. Watch lesson videos and develop your ideas of what high quality PE lessons should look like.